

Simple Millet and Apple Porridge Serves 2

Ingredients:

3 Cups Almond Milk, Unsweetened 1 Cup Millet, Rinsed and drained 1 teaspoon Vanilla Extract

1 Apple, cored and diced

1 teaspoon Cinnamon

Directions

In a medium soup pot, bring almond milk to a low boil. Add millet and vanilla, stirring to combine. Cover and bring to a simmer. Cook for 15-20 minutes until you reach desired consistency. You can add more almond milk if necessary.

Remove from heat and add your apples and cinnamon, mixing to combine before serving.

Enjoy! Yum!